

What We Offer

While different for each visitor, the retreat experience often includes personal reflection, silence and time in nature, spiritual guidance, creative expression, massage, and other healing work.

In the quiet, serene atmosphere of Spirit Mountain Retreat you begin to relax and come home to the natural world and your place in it. This is a time to deepen awareness and consciousness of the Divine Presence permeating all of life. Through practices such as meditation, dream work, music, art and journaling, you may come to a greater appreciation of your soul's journey, honoring it with compassion and gentleness.

Reservations

To make a reservation or ask any questions, please call the Spirit Mountain Retreat office at 951-659-2523 or email admin@spiritmountainretreat.org.



Spirit Mountain Retreat

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Private Retreats

Sabbaticals

24 Hours of Serenity

Spiritual Guidance



Main Retreat House

First Floor

Double Bed (Tahquitz Room) – 1 or 2 persons
Single Bed (Quan Yin Room) – 1 person
Shared Bath

Second Floor

Single Bed (Moon Room) – 1 person
Single Bed (St. Francis Room) – 1 person
Shared Bath
Meditation/Audiovisual Room

Hildegard's Hermitage

1 or 2 persons
Queen bed (Treehouse Room)
Private Bath
Separate entrance/small deck (Fold out couch available in downstairs living room – one or two person. Must go through upstairs bedroom to reach bath)

Hill House Bedroom and Meeting Space

Single Bed (Hill House Room) - 1 person
Private Bath

House Occupancy: 6 persons, possible 10 persons maximum.

Hide-a-bed in living room of Hermitage & queen air mattress in meeting room of Hill House - if overflow number of guests, but only if primary (first scheduled) guests agree.

Meal Package Includes:

Breakfast and lunch you prepare from food we provide, and then we prepare dinner for you.

Fees for Main House and Hill House (includes all meals):

\$105 per person per night (\$80 – no meals)

Fees for Hermitage:

\$100 per person or couple per night (no food)
(Meals - \$25 per person per day)

Fee Sabbatical

\$2,870.00 per month (meals included)
\$2,250 per month (no meals)

Spiritual Guidance

Meeting for spiritual guidance offers an opportunity to share parts of your story and explore areas in your life calling for growth and transformation. Quiet and centering activities and other resource materials may be suggested to strengthen inner awareness and freedom. \$50 per hour

24 Hours of Serenity

A day away to breathe, feel calm, listen to your inner voice. Enjoy the beauty of nature, practice meditation, walk and rest in the Contemplative Garden and just be! Your 24 hour retreat includes a massage and spiritual guidance.

Time: Noon to noon (food included)

Fee: \$250

