

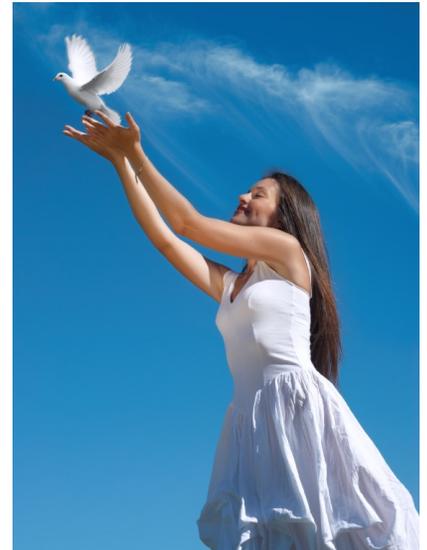
Spirit Mountain Retreat

Idyllwild, California



Bringing the Soul Back Home

(A Women's Writing Retreat)



DATES: **July 12-14, 2019**
Friday 7:00 pm - 9 pm
Saturday 9:30 am - 3:30 pm
Sunday 9:30 am - 12:30 pm

COST: \$285 including room and board
\$170 commuters including meals

DEPOSIT: \$50 due July 1, 2019
(This workshop will fill quickly)

Ten years ago the leading Mind, Body, and Spirit publisher ("O" Books) in England produced *Bringing the Soul Back Home: Writing in the New Consciousness* by Katya in the summer of 2009 that presented the "writing faster than you can think" process adopted by numerous writers with heightened writing results. With its international distribution to all English speaking countries, the book offered this creative and easy process that crystallized as she was a three-time Writer-in-Residence at Yellowstone National Park. It has been refined over the past twenty-seven years in her workshops and retreats at Spirit Mountain and throughout the U.S., U.K. and Hawaii, enabling women to write about their lives in authentic and exciting ways.

This summer's women's writing retreat, for both beginning and more advanced writers, will feature special aspects of the book and its exercises to build even more prowess and courage to speak one's truth. We will explore our abilities for self-discovery and skill in writing in the relaxed and congenial setting of Spirit Mountain Retreat nestled in the heart of the San Jacinto Mountains in Idyllwild. Growth in writing will be sustained by a supportive group of women writers where solo time for reflection will also be provided.



**A NEW OPPORTUNITY: Optional add on by Katya and Spirit Mountain
Thursday, July 11, 2019**

**Solo one-on-one writing with Katya with lodging and meals provided
by Spirit Mountain**

Providing time and focus on themes already developed in the writing or to clarify more specific directions and themes, this coaching will open up the opportunity for participants to wider horizons for their hopes and expectations in their writing while deepening their crafting skills. (Open to two participants only - \$150 for overnight accommodations, food, and one-on-one time with Katya).

COME BRING YOUR SOUL BACK HOME TO YOUR WRITING THIS SUMMER!!

To register please contact:

951-659-2523 or info@spiritmountainretreat.org or register online at
www.spiritmountainretreat.org/onlinepayment